



mantra[®]

JEWELLERY

LOOK & FEEL BOOK

#jewellerytoinspire

Feel inspired every day

"Peace comes from
within"





"A piece of jewellery can't change the world.

But it can change the way you feel. And that
can change **your** world."

JO STROUD, MANTRA FOUNDER

"I breathe in
calmness"





*"Be still, be present, be
mindful..."*

Wear your Mantra Necklace on and off the mat.

Jewellery that changes the way you feel, bringing
you moments of calm, tranquillity and mindfulness
throughout your day.



"Sky above me,
earth beneath me,
fire inside me"





Hold onto your piece of jewellery for a few moments throughout the day, and bring its message to mind.

It will prompt you to be your best self, every day.

*"Live the life
I have
imagined"*





Choose a larger, longer 'my Mantra' necklace to have your own personal mantra engraved on the reverse. .

Jewellery that changes the way you feel. Choose the words or phrase that will keep you inspired, motivated and energised every day.





We create meaningful jewellery,
designed to inspire and uplift.

Each piece symbolises a specific mantra,
intended to make a positive impact on
the way that you feel.



"Seek the
sweet
moments in
every day"



"Fill the world with
sunshine every day"

Choose an uplifting symbol that makes you smile when you wear it.

Jewellery that changes the way you feel. A sunshine, a hummingbird, a lotus, a seahorse – pick the message that reminds you that life is here to be enjoyed.





*Wear your Mantra Jewellery to
bring inspiration and joy, every day*

To find out more about mantras,
visit mantrajewellery.co.uk



MantraJewelleryUK



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