

LOOK & FEEL BOOK # jewellerytoinspire

Feel inspired every day

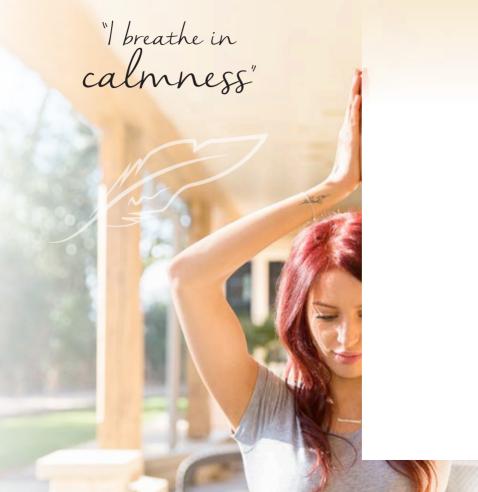




"A piece of jewellery can't change the world.

But it can change the way you feel. And that can change **your** world."

JO STROUD, MANTRA FOUNDER





Wear your Mantra Necklace on and off the mat.

Jewellery that changes the way you feel, bringing you moments of calm, tranquillity and mindfulness throughout your day.





Hold onto your piece of jewellery for a few moments throughout the day, and bring its message to mind.

It will prompt you to be your best self, every day.







Choose a larger, longer 'my Mantra' necklace to have your own personal mantra engraved on the reverse. .

Jewellery that changes the way you feel. Choose the words or phrase that will keep you inspired, motivated and energised every day.





We create meaningful jewellery, designed to inspire and upliff.

Each piece symbolises a specific mantra, intended to make a positive impact on the way that you feel.





Choose an upliffing symbol that makes you smile when you wear it.

Jewellery that changes the way you feel. A sunshine, a humming bird, a lotus, a seahorse – pick the message that reminds you that life is here to be enjoyed.





## Wear your Mantra Jewellery to bring inspiration and joy, every day

To find out more about mantras, visit mantrajewellery.co.uk

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