



Loved, morning, noon and night

Loved and adored

You make my life wonderful

Life is amazing with you by my side

You are my sun, my moon, my stars

'Our beautiful place' - Let's find a beautiful place and get lost together

'Joy in my heart, love of my life' You're the reason I smile, you're the joy in my heart, you're the love of my life

Love will guide me

I choose love

I attract love

I am loved

I am loved, protected and blessed



Love surrounds me

My heart is open

Love will find me

My life is full of light and love

May your life be filled with love

Love with an open heart

Always in my heart, forever in my mind

My heart is full of love



HAPPINESS & WELL-BEING

Laugh often and much

Today is going to be a great day!

Do more of what makes you happy

Life isn't about waiting for the storms to pass, it's about learning to dance in the rain

Find your happy place

When it rains, look for rainbows

Fill the world with sunshine everyday

Always look for the good

You only have one life: live it well

The purpose of life is to be happy

Seek the sweet moments in every day

Live, love, laugh



Life is beautiful

Today is going to be amazing

Today is a good day

Today I am excited about everything

Something wonderful is about to happen

I choose happiness, success, abundance

Keep your face to the sunshine

Life is better with a smile

Happiness is the journey, not the destination

Make life sparkle

Be Happy, Be Bright, Be ME!





DIRECTION & DREAMS

Always go forwards

Explore, dream, discover

The adventure awaits

The adventure begins

If the wind will not serve, take to the oars

The open road is calling

Climb over the hill and see what you find

Dare to dream



Enjoy the journey

The world is your oyster

A journey of a thousand miles starts with a single step. Take that step

Go confidently in the direction of your dreams. Live the life you have imagined.

Life is a journey to be lived, not a destination to be reached

'Throw off the bowlines, sail away from safe harbour, catch the trade winds in your sails. Explore, dream, discover' - Mark Twain



SELF - BELIEF

I am the architect of my own destiny

Attitude is more important than facts

Create the life you want

My courage is stronger than my fear

Without darkness, there would be no stars

Throw your heart over the bar and your body will follow

Let my faith be bigger than my fear

Dance like nobody's watching

*Life isn't about finding yourself,
it's about creating yourself*

Dream it, believe it, achieve it



This too shall pass

I have a choice

Choose to shine

Be a lover, a giver, a believer, an achiever

Never let anyone dull your shine

Feel the fear and do it anyway

Shine your own light, follow your own path

If it was easy, everyone would do it

Speak your mind, with all your heart

I am fearless and therefore powerful

What's for me will not pass me

When life holds you back, aim forward



Never stop dreaming

Carpe diem

Everything is possible

Live the life you have imagined

Inspire hope, ignite dreams, change lives

Love, hope and adventure

Change my thoughts, change my world

Create your own world



Be a lover, a giver, a believer, an achiever

Only an open heart will catch a dream

Dream big, live well, love truly

Inspire others

Anything is possible, if you believe

Something wonderful is about to happen

What inspires you, fires you

Dream it, believe it, achieve it

The adventure begins





I remain calm in the chaos

Every morning, I am born again

Let go of the past and it will let go of you

I am calm, safe and grounded

Everything happens for a reason

My inner being is calm

Rest my mind, calm my heart

I speak from my heart and have no regrets

Calm my soul, find my truth

Calmness washes over me

Let go

All is well in my world

Slow it down

Just breathe

This too shall pass

After a storm comes calm

Everything is as it should be

Slow down and smell the roses

I breathe in calmness

