



# June - be my dream self

Ways I am going to work on my dreams this month:

What might stop me:

Ways I am going to succeed (e.g. Blocking out time in my diary to think about my dreams. Creating a vision board of how I want my life to look. Making a list of things I can start doing straight away):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

*My intention this month is to become my dream self.*

*This includes: working out what the life of my dreams looks like, and what my passions are, identifying what's missing right now, planning small steps to build into my life today.*

My personal mantra for the month is:-

Feel inspired every day  
[www.mantrajewellery.co.uk](http://www.mantrajewellery.co.uk)



DREAMS  
Be my dream self

June

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		